



Jenny's Dance Dynamics

August/September Newsletter

Attention:

**No Dance on
Monday, September
1st
in observation of
Labor Day**

Please limit the amount of Food & Drink that is brought into the studio. If you do have snacks please make sure to clean up after yourself. Don't leave food or crumbs on the floor.

Try to use only 1 cup while in class, and make sure to throw your cup away when you are done, so Ms. Jenny doesn't have to throw them away everyday.

Ways to contact Ms. Jenny...

If you have any questions or concerns please contact Jenny.

- Phone: 970-587-8856
- Cell Phone: 303-884-6903
- Email: jenny@jennysdancedynamics.com

Parents,

Please make sure that you label all shoes with your students name.

Off To A Great Start...

I want to say "Welcome" or "Welcome Back" to all of our returning and new students.

The first week was great. All of the instructors are very excited about their classes and can't wait to get going.

The first week is always a slight chaotic while everyone learns their new routine. Please be patient with us while we work out all of the final details of the season. We want to make sure that all of our students have the opportunity to get the most out of the classes they have chosen to take. To the right is a copy of the new parent observation guidelines that is located in the *Studio Polices*. We truly believe this will help our classes be more organized and allow the students to learn as much as they can in the time

permitted. That being said, if there is ever a time when for example *Grandma & Grandpa* are in town and would like to sit in on a class, we can definitely make that work. Please feel free to approach Jenny or your instructor about anything.

Parent Observation: We promote a learning environment, and I have found that students learn and pay attention better when there are fewer distractions. Parents are welcome to wait in the lobby during their students' classes, we are going to start discouraging observation from the back of the classroom, as it causes distractions for the students. On the 1st class of each month the class will be open for observation the LAST 10 minutes of class. If for any reason visitors in the

lobby become a distraction to the class the instructor has the right to ask the visitors to step outside or to quiet down. Siblings and other children are also a distraction to the class, please remind ALL Children in the Lobby to be respectful and use their inside voices, and DO NOT talk to those in class. Please enter and exit the studio quietly as classes are usually in session. *NEW this year...All students must wait in the Lobby before their class until their Teacher comes to get them. Students will not be allowed in the classroom until their instructor says it is OK. Students need to know that they are to listen and respect their instructors at all times, and that during class is not the time to socialize with parents, siblings, or other visitors.

Yoga...

Yoga is not only for adults. We are offering Yoga for Pre-school aged children (ages 3-6).

Story Time With Yoga meets on Tuesday mornings. It is a great way to incorporate exercise, controlled breathing, and also a great story with a message to take with them.

A theme such as compassion, trust, friendship, or honor

will be introduced with a story and yoga poses. Art will be used to explore these ideas.

If you have any questions please contact Jenny or Kim. You can drop in on a class to try it out if you are interested.

Ways to contact Kim...

Phone: (970)396-7238

Email: yoga.kimsarr@gmail.com

